

COL Mountain School 2016 - Guide Apprenticeship Course (11 week curriculum)

Mountain Skills

Week 1: Alpine camping skills. Gear basics, strengths, care, and maintenance. Packing packs

Week 2: Leadership, group dynamics & management. Basic first aid & weather

Week 3: Route finding & orienteering. Map, compass, altimeter, GPS use

Week 4: Basic rock climbing techniques. Belay systems & top rope anchors

Week 5: Rappelling & rope rescue

Week 6: Advanced rock climbing. Lead & alpine climbing and anchors

Week 7: Winter travel and camping

Week 8: Snow safety, avalanche awareness, beacon use

Week 9: Snow & ice climbing and anchors

Week 10: Glacier travel, self and team arrest, crevasse rescue

Week 11: Skill review and assessment, and testing Graduation climb

Discipleship / Ministry Topics

Session 1/**week 1**: *“Can’t preach what you don’t know... can’t give what you do not possess”*

Personal testimony. What I believe. Written Statement of faith. (2 Tim 2:15, 1 Pt 3:15)

Session 2/**week 2**: *“Who’s authority... God’s calling IS my enabling”*

The Bible. The *whole* gospel. Being “born again”. (John 3, 1 Cor 1-2, 2 Cor 5:17-21)

Session 3/**weeks 3-4**: *“The greatest of all will be the servant of all”*

Death at the cross. Death to self, J.O.Y., Serving others. (Romans 6)

Session 4/**weeks 5-6**: *“As Jesus walked”*

Personal devotion and holiness. Vertical first *then* horizontal. Walking in the Spirit. Self-discipline, moral purity & healthy relationships, biblical modesty, stewardship as to the Lord. (Titus 2:10, Gal 5)

Session 5/ **week 7-8**: *“God revealed to all through creation”*

Creation God’s revelation to man, seeing God through his creation. The outdoor classroom. (Romans 1)

Session 6/**weeks 9-10**: *“Go into all the world”*

Making disciples. Biblical leadership & evangelism. Using my individual gifts.

Week 11: Graduation and certifications

Course openings: Up to 3 Students

Dates: January 17 – March 31

Tuition, room & board fee: \$2100.00

Climbers With Christ 2016

Apprenticeship Mountain Guide Course - Details and Requirements

Please note: The following are the basic and general course requirements. As the Lord brings each specific apprenticeship together, course details including weekly itineraries, work projects, the order of weekly skill trainings & locations, and required readings and course materials may be subject to changes or needed amending in order to best facilitate each individual course. You will be informed if/as/when these changes occur.

Attendance, Course completion, Graduation & Certification

For apprentice guides, ALL weekly skill sessions and ministry sessions must be attended (and completed) in order to pass/graduate the course with “full” marks. Outside of family emergency, and sickness, no exceptions will be made. With **72 hours prior approval**, up to 4 days may be missed over the course of the 12 weeks by an apprentice guide, and still allow for graduation with “full” marks, and a COL Mountain School certification. COL Mountain School graduation certificates documenting skill level competency and the hours completed for each individual week will be issued at the scheduled course ending date, as long as the attendance requirements have been met. Each week of mountain skills will be graded with either “Partial” or “Full” marks, and individual comments and concerns recorded.

Until posted on our website, the specific skills level certification qualifications, standards, and requirements may be obtained prior to the course start date by asking for them. A copy of these will be sent out in the COL Mountain School Apprentice Guide course information/registration packet.

Course curriculum & required reading

Apprentice guides must complete ALL weekly discipleship and mountain skills required reading in order to receive “full” passing marks and/or certifications upon graduation. Weekly work assignments and review sessions must be completed in order to move on to the next weeks reading, skills, sessions, and/or serve on outings. Course texts will include: *The King James Bible* old and new testaments, *Spiritual Discipleship* by J. Oswald Sanders, *Mountaineering: The Freedom of the Hills*, *Backcountry Skiing* by M. Volken, *Aerie Wilderness Medicine 13th edition*, and the *COL Field manual*.

Weekly service projects

In keeping with our Lord’s commands that the greatest among us will be as a servant, *“If I then, your Lord and Master, have washed your feet; ye also ought to wash one another’s feet. For I have given you an example, that ye should do as I have done to you. Verily, verily, I say unto you, The servant is not greater than his lord...”*, all COL Mountain School apprentice guides will be required take part serving every other week (6 days total) in various **non-mountain guide** service opportunities either locally on site, in the local surrounding community.

Property stewardship and personal hygiene/maintenance

Apprentice guides will be expected to care for both their personal property (including their physical body), and any other property they’re entrusted (group gear, housing, tools, vehicles, etc.) in a manner consistent with that of our Savior teaching. *“He that is faithful in that which is least is faithful also in much: and he that is unjust in the least is unjust also in much. If therefore ye have not been faithful in the unrighteous mammon, who will commit to your trust the true riches? And if ye have not been faithful in that which is another man’s, who shall give you that which is your own? (Jesus-Luke 16)”* Everything as unto the Lord... Our body is the temple of his Spirit. Bi-monthly “checkups” in these areas will be part of the on-site apprentice arrangement.

Weekly fellowship

It will be expected that all apprentice guides attend some type of **weekly** fellowship. According to God’s word this constitutes a gathering of fellow believers for a specific time involving prayer, the reading of God’s word, worship and singing, and eating together. *“And let us consider one another to provoke unto love and to good*

works: Not forsaking the assembling of ourselves together, as the manner of some is; but exhorting one another: and so much the more, as ye see the day approaching” (Hebrews 10, Acts 2:42)

Quiet times, electronic devices, music, and curfews

Quiet time is **11pm to 7am**. When not in the field, guiding, or on an outing, morning out of bed time most days is 6:45am, and evening curfew is 11pm (i.e. in bed with no electronic noise or data stimulation). Apprentice guides will be expected to honor and respect the wishes of COL Mountain School directorship concerning the genre and volume of music listened to while participating in the schooling process, and video games and gaming will not be permitted during the apprenticeship course. Students are encouraged to bring a small digital camera for picture taking as apposed to using a phone for photography, as **cell phone use** will be restricted during most discipleship/schooling hours, and during most mountain skill sessions. Phone calls & conversations will be limited to before 9am and after 5pm Monday-Friday, and on weekends as the course schedule and activities allow. Computer and internet access will be available for schooling and research purposes.

Personal relationships, co-ed interaction, modesty and dress standards

Godly, healthy, and **trustworthy relationships** are at the core of any curriculum base and discipleship program. Without good relationships very little ministry and or Kingdom work will be accomplished anywhere. That being stated, unless married we're asking that male/female courtships and "boyfriend/girlfriend" interactions be put "on hold" during your time in the COL Mountain School Guide Apprenticeship Course. This may seem overly demanding or even harsh to some, but in reality will only serve to strengthen any relationship that is proper and truly built upon God's word. This allows participants to focus more intently on the Lord's work in their lives personally during this time, and also allows participants to extract all that is possible from the 11 weeks of mountain guide skills and training opportunities.

Obviously, all co-ed interaction while attending the Apprentice Mountain Guide Course or COL Mountain School will be highly monitored and expected to be conducted in a God honoring and "beyond reproach" manner, treating fellow students and other personnel with kindness and the utmost respect, as "brothers and sisters" in Christ. For the most part, a hands and bodies to yourself rule will be expected to be respected.

At COL Mountain School and Climbers With Christ, we believe that **modesty** as defined in God's word pertains to both men *and women*, and includes more than just our *outward appearance*. Ultimately "modesty" is an attitude and reflection of our heart. A desire live and act in such a God honoring way as to be "beyond reproach" among our peers, and to put others needs before ones self. As Jesus put it... to "**make oneself servant unto all, that I might gain the more... and might by all means save some**" (1 Corinthians 9). In some areas we have to just "draw a black line in a grey area" and call it our standard. As Christian people we are called to put our personal preferences on the backburner in light of being helpful to others and "beyond reproach" in all situations. Our standard for this and other CWC courses, when ever possible... "*no thighs, no bellies, and no cleavage*" for gals. And for the guys it's a similar standard most of the time as well. For everyone, no obviously tight or revealing clothing. Know that you will be asked respectfully to change if need be. *Both* for your personal safety and for sake of distractions throughout the course, we ask that all facial and body jewelry be removed, and limited to single earrings for the gals. If you've any questions on this or other topics in this area we'd be glad to talk with you personally. "*Let no man despise thy youth; but be thou an example of the believers, in word, in conversation (manners and conduct), in charity, in spirit, in faith, in purity*" (1 Timothy 4).

Pre-course conference and waiver

A **pre-course meeting** for *all* apprentice guide course candidates in which we can meet and pray with them prior to their being approved for the apprentice guide program. For those under 18 years of age this meeting will include both parents if possible. All apprentice mountain guide course participants and COL Mountain School participants will be asked to fill out a CWC Servant Guide Questionnaire and a COL Mountain School Release of Liability Waiver.

Gear requirements

An extensive “recommended” gear list may be acquired upon request, and will be sent out to each participant in the COL Mountain School Apprentice Guide course information/registration packet. We encourage each student to bring whatever outdoor equipment he or she owns. Part of the course will be exploring and using different gear options in each of the different outdoor skill areas. All necessary technical gear and clothing can be provided if need be. Besides any personal and outdoors clothing, we recommend that each student bring a couple pairs of heavy-duty work pants and a sturdy pair of “work” shoes or mountain boots, and few blank notebooks in different sizes.

COL Mountain School Fee?

For 23 years God has called us to a “no fee” schedule for CWC events, activities, and outreaches. He’s asked us to give the Gospel away freely to any and all he brings to us. By his grace we have done this, and will continue to. Mountain School however is a new and *different* ministry venture for us. The basic physical **monthly costs of rent, utilities, food, and transportation, along with the tuition fees** are expenses that would be and are part of *any* schooling and certification process. Payment options for the course are definitely available and may be discussed on an individual basis. In the past God has allowed time for “tent-making” on the side, during the 12 week Apprentice Guide Course and COL Mountain School Stan will be directly involved on a daily basis leaving no time for “tent-making”. The Schooling tuition fee will help offset this. This is a large step of faith for us also, we too are trusting God will provide. As God has provided faithfully for our family and all of CWC ministry in the past, we trust that he will provide the needed apprentice course fee for any and all those who he calls to take part in it. We are hopeful that in the future God may also avail scholarships to help those in need. *Where Jesus guides he does always provide!*

As with any Climbers With Christ event or undertaking our desire is ultimately to glorify our Lord and Savior Jesus Christ in all that we say and do, and honor his word above all else. Our heart is to see the next generation of outdoor leaders grounded in the truth of God’s word, and to help equip them to better use his most amazing outdoor classrooms and pulpits to boldly share the greatest news of all throughout the next generation, to *both* those in the church and those in the world. This course flows out of a combined passion to share the gospel of Jesus Christ and the timeless truths of God’s word, along with a desire to help equip the body of Christ with the practical mountaineering and outdoor skills necessary to safely access God’s inspiring, wild and awesome outdoor “classrooms”. We have been privileged to have spent the bulk of our lives living, working, and serving Jesus in outdoor environments, and have been blessed with over 23 years of climbing, mountaineering, and Bible-based outdoor ministry experiences. This Apprenticeship Guide Course gives us the opportunity to pass on to others some of the experience, skills, and gifts that God has gifted to us.

If you’ve any questions or concerns regarding COL Mountain School or the Apprentice Guide Course, our safety procedures and/or outing practices, or our mission here while in His service, please contact us at any time. We do pray that God will truly bless you as you seek his best purpose and route for your life!

Climbers With Christ

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Climbers With Christ 2016

Outdoor Leadership Course & Cost Comparison

National Outdoor Leadership School (NOLS /Outward Bound)

12-day Winter course in the Tetons	\$2,395.00
14-day Idaho Backpacking course	\$3,425.00
16-day Southwest Rock Climbing course	\$3,500.00
30-day Wyoming Backpacking Adventure/course	\$5,480.00
90-day Spring Semester for Outdoor Educators	\$14,225.00

Alert Christian Academy

9-week Basic Training	\$3,400.00
7-week Advanced Training (Technical Rescue)	\$2,600.00
10-week Advanced Training (Cadre)	\$3,100.00
<i>Required Gear</i> (all courses)	\$800.00-\$1,200.00

American Mountain Guides Association (AMGA)

American Alpine Institute (AAI)

3-day Single pitch instructor course.	\$525.00
2-day SPI Course Exam	\$350.00
3-day Glacier Skills and Crevasse Rescue	\$570.00
5-day Winter Mountaineering	\$1,050.00
6-day Introduction to Mountaineering	\$1,190.00
6-day Ice Climbing course	\$1,250.00
12-day Alpine Mountaineering and Technical Leadership, Part 1	\$2,190.00
12-day Alpine Mountaineering and Technical Leadership, Part 3	\$2,880.00
12-day Alpine Mountaineering and Technical Leadership, Part 4	\$4,350.00

Rainier Mountain Institute (RMI)

Alpine Assents International (AAI)

3-day Mount Rainier climb (DC route)	\$1,429.00
5-day Mount Rainier Summit Climb	\$1,386.00
6-day Cascades mountaineering course	\$1,350.00
10-day Cascades- Rainier Mountaineering Course	\$2,950.00
13-day cascades mountaineering course	\$2,800.00

Professional Climbing Guide Institute (PCGI)

3-day Top Rope Guide Course	\$450.00
3-day Top Rope Guide Course w/ certification day	\$650.00

Spokane Mountaineers

5-day Rock School	\$85.00
5-day Lead Rock School	\$110.00
100-hour Mountain School	\$260.00
(10 evenings, 12 out days over 8 wkends w/ Mountaineering: The Freedom of the Hills book)	

Jim Ebert (Private instructor & AMGA guide)

4-Day Top Rope Instructor Certification Course (56 hours of training, verification, demonstration, and certification)	\$195.00
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CWC - COL Mountain School

12-week Guide Apprenticeship Discipleship Course	\$2,100.00
12-day COL Mountain School	\$240.00