

# COL Mountain School – Equipment List

## (11 week apprentice guide course)

If you own *any* of the following personal or outdoor equipment items that you may have questions about, we encourage you to bring it with you. Please try and familiarize yourself with your gear the best you can, and properly mark or identify all of your personal clothing and equipment prior to arriving for the course.

Your outdoor clothing “systems” need to be capable of meeting the demands of an ever-changing environment. Our winter/ spring courses are run in the midst of one of our most favorite times of the year... winter! A **layering system**, which allows articles of clothing to be added or subtracted as the weather changes, and temperatures rise and fall quickly, has proven most versatile. The clothing items listed below will layer together to provide appropriate insulation in the most demanding conditions. Because it can snow or rain, materials used in clothing should keep you warm even if they are wet. Synthetics such as polypropylene, Capilene, Synchronia, fleece, and pile are best, wool will also work. **Cotton as a primary outdoor layer is unacceptable.**

Gear and items followed by an asterisk (\*) may be checked out and used at no cost for the duration of the course.

### Outdoor Gear

#### Upper body

Base layers	2
T-shirt	1
Medium weight fleece	1
Heavy weight top/soft shell	1
Down jacket*	1
Shell jacket*	1
Stocking cap	2
Visor hat	1
Balaclava	1
Light weight gloves/liners	1
Heavy weight gloves*	1

#### Lower body

Base layers	2
Underwear	5
Socks heavy weight	4
Liner socks	2
Midweight fleece or synthetic pants	1
Shell pants/bibs	1
Mountaineering boots*	1
Gaiters*	1

#### Equipment

Sleeping bag 0-5 degree*	1
Closed cell sleeping pad*	1
Thermarest pad (optional)	1
Large backpack*	1
Small daypack (2000 cu min)*	1
Trekking poles*	1
Harness*	1

Crampons*	1
Ice axe*	1
Helmet*	1
Watch	1
First aid kit	1
Headlamp	1
6mm chord	20'
Locking carabiners*	5
Non-locking carabiners*	5
ATC / "bucket" belay device*	1
Sunglasses	1
Goggles*	1
Eating utensils	
Thermal mug w/lid*	1
Water bottles*	2
Sunscreen	1
Lip balm	1
Bandana	1
Stuff sack/compression sack	2

### **Additional gear**

Pulleys*	2
Cordelette (7mm chord)	25'
Prussick slings (5-6mm cord)	25'
Batteries (AA/AAA)	5 pr
Hand sanitizer	1
Gallon zip-locks	15
Heavy duty medium sized garbage or Compactor bags (recommended)	5
Colman fuel /white gas	1 gallon

### **Optional gear**

Camera  
Hand warmers  
Stove and fuel bottles  
Tent (2-3 person)  
Skis, snowboard, snowshoes

## **Other Course supplies**

### **Additional personal clothing & other items**

Large duffel	1
Large plastic tote/bin	1
Heavy duty work pants	2
Sturdy shoes/work boots	1
Work gloves	1

Outdoor/Work jacket 1  
Towels 2  
Washcloths 2  
Toiletries  
(toothbrush, toothpaste, shampoo...etc)

**Textbooks and supplies**

*The King James Bible* (old and new testaments)  
*Spiritual Discipleship* by J. Oswald Sanders  
*Mountaineering: The Freedom of the Hills*  
*Backcountry Skiing* by M. Volken  
*COL Manuel* (supplied)

Spiral notebooks 3  
Water resistant Journal  
(‘Write In The Rain’) 1  
Pencils 5  
Pens 5  
3-ring binder 1

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Please contact us if you’ve ANY equipment concerns or questions.

Other than the “optional” items, we will be using **all** of the gear listed at sometime during the course. That stated, if you do not or can not obtain any of the items on the list prior to the start of the course, simply let us know. A lack of clothing or equipment should NOT keep you from attending this course we just need to know, as we have do in our possession (or have access to) all necessary equipment. Where God guides he *does always* provide. May he bless your preparations!

*The horse is prepared against the day of battle: but safety is of the LORD. Proverbs 21:31*